

## Ward mealtime schedule



06:30–07:00: Hot / cold drinks round

08:00–09:00: Breakfast, including  
hot / cold drinks round



10:30–11:30: Hot / cold drinks round

12:00–13:00: Lunch, including  
hot / cold drinks round



14:30–15:00: Hot / cold drinks round

17:00–18:00: Dinner, including  
hot / cold drinks round



20:00–20:30: Hot / cold drinks round



Patients can also request hot and cold drinks at any time.  
Patients with a **MUST = 1** can be offered **Fortisips** or  
**Meritene** between meals with a maximum of **three per day**.