



University Hospitals Birmingham
NHS Foundation Trust



UHB RESIDENT DOCTOR'S BULLETIN

March 2025

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Chief Registrars MONTHLY MESSAGE



Finally, some sunshine! The start to March has been a little brighter and we hope you have had the opportunity to see some of the spring flowers that are popping up. For many it is a spiritual time of year with our Muslim colleagues observing Ramadan and Christian colleagues observing Lent. Please remember to be kind to each other and considerate especially when working out timings for breaks.

For the Chief Registrars, March is going to be a busy one as we have released the Annual Doctor Wellbeing Survey. We are really excited to host this survey for you in its 3rd year. The data we collect from you holds significant power and is presented up to the level of Trust Board. We know that the Staff Survey does not do a good job of representing the views of Doctors and the GMC/NETS survey are quite education focused with limited opportunity to tell your story.

In 2024, the survey had 310 responses, we would love to significantly exceed this as we would love to understand the experience of as many of our Resident Doctors as possible. A high number of respondents also helps apply pressure where necessary to enforce change. There are plenty of opportunities for you to leave your comments and last year many of these comments were extremely powerful when presented to the Senior Leadership team. It is a great way to have your voice heard.

Please participate in the survey and encourage colleagues to also be involved!



If you need to get in touch please don't hesitate, we will be delighted to hear from you
chiefregistrars@uhb.nhs.uk

*Best wishes
Mehreen, Mo & Helen*

Communication PLATFORMS

Resident Doctor Wellbeing Officers

HGS

Darren Taylor - 07917599396

Nicola Poole - 07385223235

QE

Kerry Mulligan - 07464494492

Lydia Hemus - 07385223234



Chief Registrar Announcement Channel

The Whatsapp channel provides trust updates relevant to doctors. This may be useful tips/updates on practical things, educational events, workforce drop-in sessions, opportunities to get involved in QIP or social events. Posts are only shared in working hours.

Scan the QR code to join the community!

PME Dashboard on Moodle

The PME Dashboard on Moodle is an information page that has been designed by Doctors with Doctors in mind. It includes generic information about the Trust as well as grade specific information such as teaching timetables. Click [here](#) to view the PME Dashboard.

Recent Updates

The updated RDF structure can be found in the 'Resident Doctor Forums' icon on the home page. This includes the terms of reference and the template.



Medical Academy X page

Follow our Medical Academy X page - @UHBMedAcademy

The page will be used to share our vision and innovations, advertise events, workstreams as well as engage with partnership organisations, such as NHSE.

Trickle

Trickle is a communication platform that is available as a mobile app, it is designed to give Doctors a place to voice their thoughts and concerns anonymously. It allows you to work collaboratively with your colleagues and the medical education team to make improvements and find suitable solutions.

Team ID: nhs-uhb

If you are experiencing issues with signing up, please contact Trickle@uhb.nhs.uk



Doctor UPDATES

Clinical Teaching Fellow post 2025-26

Exciting opportunity to join the Clinical Skills Team in the School of Medicine based at the Clinical Education Centre at the University Hospital of North Midlands NHS Trust. Closing date is 31st March 2025.

[CTF Advert](#)

[CTF Job Description](#)

Career Event - 20th March 2025

The bi-annual career event is taking place at QE on Thursday 20th March. A variety of specialties will be present for you to explore potential career paths, network with colleagues and gain valuable insights into various fields.

To book a free space, please visit https://medtribe.com/courses/uhb-resident-doctor-career-event?utm_medium=copy-link&utm_source=share-modal



March 20th 2025

Queen Elizabeth Hospital, Education Centre 18:00 - 20:30

- Interact with College Tutors
- Chance to meet with Trainees sharing recruitment hints and tips
- Explore career options
- Hear from various Speciality Departments
- Grow your professional network
- Opportunity to attend Speaker Sessions
- Chance to participate in games
- Plus, join us for free food!

Scan QR code to Register
or Use the link below:



*Transport available from
HGS sites to QE*

Foundation Doctors needed for filming project!

We need you!

Be part of our exciting filming project and showcase your journey as a foundation doctor. Your insights and stories will be featured on our external medical education website, helping to educate and inspire future healthcare professionals.

If you would like to be part of this project or want to know more, please contact either debbie.lewis@uhb.nhs.uk or molly.russon@uhb.nhs.uk



Lesson of the Month

Lessons of the month are a Trust-wide initiative that has been in place since 2012. The lessons are based on incidents reported and issues identified from other sources which have occurred within the Trust. They are patient focussed and written by clinicians, for clinicians, with the aim of raising the profile of patient safety incidents, imparting specific advice and providing good practice guidance for clinical staff.

Lesson of the month entries can be found [here](#).

Doctor UPDATES

Would you like to present at the Good Hope Grand Round?

Message from Dr James Bailey, Consultant Acute Medicine GHH

We are looking for speakers for upcoming Grand Rounds, and this is a great opportunity to share an interesting case, a project, or an update on management in your specialty. Whether it's an unusual case, a clinical challenge, or a key learning point, we'd love to hear from you!

Why present at the Grand Round?

1. Portfolio Points: Most specialty training applications award at least 1 point for presenting at a local meeting like this.
2. Presentation Skills: A great chance to develop your confidence and experience for future regional and national conferences.
3. CV Enhancement: Demonstrates engagement with education, leadership, and professional development.
4. Showcase Your Work: Share your clinical insights and projects with multidisciplinary audience.

If you're interested but unsure about a topic, we'd be happy to discuss ideas with you. Use the link below to leave your details and we will be in touch!

<https://forms.office.com/Pages/ResponsePage.aspx?id=ZcUHGhGx0EKtqBaZiHK9MMff3EPuzs-FLrmuedy9Pu66hUOFBEWldMUE04Nklz-VVJLWDBXSDhTTedCTi4u&origin=QRCode>

2025 Doctor Wellbeing Survey is LIVE!

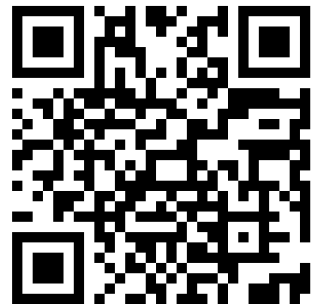
We are delighted to inform you that the 2025 Doctors Wellbeing Survey is now LIVE!

<https://forms.gle/Tevd1mC9oc47LKfF7>

Last year the excellent responses were able to drive significant changes in our Trust. We need your feedback to help identify the key areas for future change and to take these to Board level.

The 2025 Doctors Wellbeing Survey is open from 27th February 2025 to 28th March 2025.

Any questions or queries, please contact your Chief Registrars at chiefregistrars@uhb.nhs.uk



FY1 Career Workshops

Career workshops for FY1 doctors are taking place throughout 2025. Spaces are filling up fast, book early to avoid disappointment.

If you have any queries about the workshop or need to reschedule, please email: workshops@career-skills.co.uk

Booking links

Tuesday 8th April 2025 2:00PM - 5:00PM <https://www.eventbrite.co.uk/e/1096140007269>
Wednesday 9th April 2025 09:30AM - 12:30PM <https://www.eventbrite.co.uk/e/1096140649189>
Friday 11th April 2025 09:30AM - 12:30PM <https://www.eventbrite.co.uk/e/1096141812669>
Monday 14th April 2025 2:00PM - 5:00PM <https://www.eventbrite.co.uk/e/1096144982149>
Tuesday 15th April 2025 2:00PM - 5:00PM <https://www.eventbrite.co.uk/e/1096146927969>
Wednesday 23rd April 2025 2:00PM - 5:00PM <https://www.eventbrite.co.uk/e/1096149475589>

RCP Virtual Poster Competition 2025

Doctor
UPDATES

The [RCP virtual poster competition 2025](#) opens on Saturday 29th March.

Run by the RCP Regional Team, the RCP virtual poster competition offers doctors the opportunity to share their unique work and research. All posters will be considered by the editorial teams of the RCP journals with the potential to expand into full journal articles and publication.

If you have any questions, please contact the RCP Regional Team via our dedicated email: PosterCompetition@rcp.ac.uk

The Coroner Role and Preparing for Coroner's Inquest

Thursday 24th April 2025

This virtual conference focusses on the role of the Coroner and preparing and attending Coroner's Inquests. This is a fantastic opportunity for you to develop your skills in preparing for attending an inquest including witness statements and giving evidence, understand how you can improve support for staff who have to attend inquests and ensure you are up to date with the latest practices.

For the full programme, confirmed speaker line-up and to book, please visit www.healthcareconferencesuk.co.uk/virtual-online-courses/coroner-role

National QI and Patient Safety Poster Competition



Call for Abstracts

National Patient Safety and Quality Improvement Poster Competition

Who should apply?: doctors, nurses, midwives, consultants, AHPs, GPs, medical students and those working in care settings among others

For more details and online entry form, please visit <https://bristolpatientsafety.com/poster-competition.html>



Education EVENTS

Did you know? Courses within the bulletin can also be found on Moodle - [click here.](#)

Bristol Patient Safety conference 2025

14th May 2025 - Online



For more information regarding the event, please visit <https://bristolpatientsafety.com/>
To register your interest for the poster competition, click [here](#)

Fundamentals of Renal Care

10 weekly online sessions from 25th April 2025 to 27 June 2025

The course is designed to enable healthcare professionals working across a range of practice settings, including Primary and Secondary care, to further develop their knowledge and skills in renal care. <https://www.essex.ac.uk/short-courses/HS574/7/fundamentals-of-renal-care>

For full course details, including course timetable, teaching team, fees and application form, please visit the webpage:

<https://www.essex.ac.uk/short-courses/Fundamentals-of-Renal-Care---Level-6>

<https://www.essex.ac.uk/short-courses/HS574/7/fundamentals-of-renal-care>

Fellowship of the College of Emergency Medicine (FRCM) OSCE Course

Sunday 13th April 2025 9:00am - 4:00pm

For more details and to book onto the course, please visit https://drive.google.com/file/d/1QRKdUcCJAD33Rj4WSrZUL6Ym7RK_d26/view?usp=sharing

Hot Topics in Global Health

Monday 23rd and 24th June 2025

This conference is designed for resident doctors interested in global health and aims to bridge the gap in global health education within UK Postgraduate training.



Follow the link below for more information and to register:
<https://app.medall.org/event-listings/hot-topics-in-global-health-2025>

BSACI Medical Scholarships Scheme 2025

How to apply:

1. The scheme is open to all FY2 doctors, Clinical Fellows and IMT trainees in the UK with an interest in or considering a career in Adult Allergy. We will pay out retrospectively for two nights' accommodation up to £150, cover your conference fees, plus reimburse travel costs up to £140.
2. Send us a cover letter (300-400 words main text) detailing how you would benefit from this scholarship and explaining the motivation for your interest in this field. Please also include how you can help increase awareness of the specialty of allergy either within your department or with other trainees after the conference, such as a grand round presentation, a trainee learning event or a department meeting.
3. Send us a supporting letter from your current supervisor.
4. Abstract submission for the conference is encouraged but is not a requirement.
5. Submissions must be emailed to tamara@bsaci.org no later than Monday 28th April 2025.
6. You will be notified of the outcome of your application no later than the end of June 2025.
7. You will be asked to demonstrate how you have helped to increase awareness of "allergy and immunology" amongst other trainees or colleagues, after the event.

Wolverhampton Emergency and Critical Care Echocardiography Course

Thursday 22nd May 2025

Clinical Skills and Resuscitation Dept, Wolverhampton Medical Institute, New Cross Hospital

Course Fees: £250

To register, please visit https://medtribe.com/courses/wolverhampton-emergency-critical-care-echocardiography-course-thursday-22-may-2025?utm_medium=copy-link&utm_source=share-modal

Medical Careers Event - Doctor required as a speaker

Wednesday 19th March 2025

King Edward VI Aston School (B6 6DJ) are hosting a Medical Careers Event and are looking for a doctor to answer any questions the young people have about medicine.

You'd be asked to talk about three pros and three cons of your job. You would need to arrive for the Q&A session at 5.40pm, and stay until 6.20pm. Each speaker is provided with an attendance certificate, and your travel expenses could be re-imbursed.

Please contact john.waterworth@mcsprojectsLtd.co.uk if you are interested.

Education EVENTS

South West Glomerulonephritis Day

Wednesday 23rd April 2025

Bowden Hall Hotel, Bondend Lane, Upton Street Leonards, Gloucester GL4 8ED

For any enquiries email suveetha.prakash@nhs.net

To register for the Glomerulonephritis day, please visit <https://app.onlinesurveys.jisc.ac.uk/s/glos-nhs/south-west-glomerulonephritis-day-2025>

Cardiology Survival Skills

For registration and full programme, please visit <https://app.medall.org/c/bcs-women-in-cardiology>

Cardiology Survival Skills

Free live webinars for
medical students and
foundation doctors

Our one-hour sessions
include 40 minutes of high
quality teaching, followed by 20
minutes Q&A and discussion
about careers in cardiology.

Subjects include:

Practical guide to ECGs,
murmurs, chest pain, tachycardia,
bradycardia and heart failure.

**7pm start for all sessions -
beginning on Thursday
6th March 2025**

Every Thursday 7-8pm on MedAll
(except two week Easter break).

2024 sessions
attended by
1430 people.

93% of attendees felt
more confident in the
topic after the session -
'The best ECG
training ever'.

INTERVIEW OF THE MONTH

Dr David White
Consultant HIV Medicine and
Freedom to Speak Up Guardian



Question 1: What inspired you to become involved with Freedom To Speak Up (FTSU)?

My own experiences of raising concerns. It was difficult but in the end changed things for the better. It was possible by the wonderful Prof Bion who is still one of the Guardians. It's a privilege to work with him.

Question 2: If you could give a resident doctor wanting to get a career in HIV, one piece of advice, what would it be and why?

There are 2 main specialties involved with HIV care. ID and GU. Who does this is locally different. So think about where as well as what but also remember that HIV care is mostly about long term care process. Many of my patients are old friends some since the early 1990's. There aren't many other areas like that but you probably won't see that until you are a Consultant.

Question 3: What are you passionate about?

Listening to the person in front of me. Making sure that they are heard and not judged.

Question 4: What are you most proud of?

It's either my children or some of my patients who have overcome terrible adversity.

Question 5: What is on your bucket list?

To go to Uganda and see Achana. She was the niece of a friend of mine and I paid for her schooling. We talk and Whatsapp every week but have never met in person. I want to see her and meet her 4 year old daughter Daniela.

Question 6: How would you spend your perfect day off?

I get a perfect day most Fridays as a part time "retire and returnee". I walk my flatulent but affectionate, old dog, meet friends and then pick up my daughter from school. The best bit is hearing about her day as we walk back. And having a small glass of red wine with my wife later.

The Freedom to Speak Up service offers a confidential ear about anything that affects staff or patient welfare that people feel unable to raise elsewhere.

For Resident Doctors there is the opportunity to raise issues that are then on record in case this is a recurring issue between successive rotating staff, even if no immediate action is taken.

<http://uhbhome/one-trust/ftsug/>

Submission Guidelines

The bulletin is published by the Postgraduate Medical Education Team and the content is curated with Doctors in mind. We focus on courses, training, relevant updates, and social events. The content in the bulletin has been copied and summarised from the main sources to provide you with brief headlines and the option to access more information if available.

Please ensure that your announcements are concise and limited to around 150 words. We retain the right to edit the content prior to circulation to maintain brevity. Some announcements are not suitable for distribution on the bulletin. We will get in touch if this is the case.

Finally, please include links to external websites if extra information is available and exceeds the word limit as we will not be attaching PDF documents to the bulletin.

Please email your material to Ms. Molly Russon at molly.russon@uhb.nhs.uk



feedback

Telephone: 0121 424 7305

Email: Molly.russon@uhb.nhs.uk

Let us know what you think of the bulletin, we'd love to hear from you!

[Click here!](#)